



Lisa Fox, M.Ed., BCBA, LBA

SPEAKER • LIFE COACH • BEHAVIOR ANALYST • AUTHOR

Founder, Amber Waves Life Coaching | Life Mastery Consultant™ | Certified DreamBuilder® Coach

Lisa Fox is a Life Mastery Consultant™, Certified DreamBuilder® Coach, Board Certified Behavior Analyst (BCBA), Licensed Behavior Analyst (LBA), entrepreneur, and inspirational speaker dedicated to helping individuals and organizations create lives of greater purpose, resilience, and fulfillment.

With more than 20 years of experience in human behavior and personal transformation, Lisa combines evidence-based behavioral science with proven life coaching principles to help audiences break through limitations, develop empowering mindsets, and take meaningful action toward their goals. Her unique background allows her to bridge the gap between understanding why people get stuck and providing practical strategies to create lasting change.

As the founder of Amber Waves Life Coaching, Lisa specializes in helping individuals navigate life's transitions, strengthen relationships, overcome adversity, and create a vision for their future that aligns with their values and purpose. Her speaking style is authentic, engaging, and action-oriented, leaving audiences inspired and equipped with tools they can immediately apply.

Lisa is passionate about empowering people to move beyond circumstances, rediscover their potential, and design lives they truly love. Whether speaking to corporate teams, professional organizations, churches, educators, parents, community groups, or entrepreneurs, Lisa delivers transformative experiences that inspire lasting growth.

AREAS OF EXPERTISE

- Personal Growth & Mindset Development
- Resilience Through Life Transitions
- Leadership & Personal Accountability
- Parenting and Autism Support
- Purpose-Driven Living
- Goal Achievement & Vision Creation
- Behavioral Science for Everyday Success
- Family Relationships & Communication
- Overcoming Limiting Beliefs
- Work-Life Balance & Well-Being

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